

SPEAKER · KEYNOTES · MEDIA

LOUISE ASHBY

TEDx Speaker · Author · Identity Coach

I teach the inside work.

Not how to look more confident. Not another framework people abandon. The actual work — at the identity level — that most personal development skips. Built across twelve years of surgeries, when my life depended on it.

Two decades on stages across the US, UK, Ireland and Australia — and screens from 20/20 to Larry King. I don't just move a room. I change how people show up after they leave it.



LOUISE ASHBY · ON STAGE

TEDx

CINCINNATI 2021

30+

MEDIA FEATURES

20+ yrs

ON STAGE

5

SIGNATURE TALKS

SIGNATURE KEYNOTES

Every talk is tailored to your audience and your moment. Combine themes on request.

- **From Rock Bottom to Summit** Resilience, setbacks into comebacks, perseverance.
- **Overcoming Fear & Self-Doubt** Harnessing the mind's potential, breaking barriers.
- **Embracing Change & Bold Risks** Adapting to change; taking calculated risks.
- **Pursuing Passion with Purpose** Aligning what you love with why you do it.
- **Empowering Others to Overcome** Mentorship, guidance, lifting others to rise.

AS SEEN & HEARD

20/20 · The Today Show · Larry King Live · People · Elle · Marie Claire · Glamour · Hello · Access Hollywood · Fox News · The Daily Mail · Good Morning Australia

IDEAL FOR

Women's leadership events · corporate conferences & offsites · professional development days · resilience & change programmes · graduation & gala keynotes · media & panels.

"You can get through anything in life with the right tools, guidance, and drive."

— LOUISE ASHBY

BOOK LOUISE

Hello@louiseashby.com

Press: Press@louiseashby.com

louiseashby.com

Response within 48 hours